

THE DENVER CHILDREN'S ADVOCACY CENTER'S MONTHLY NEWSLETTER



Art from the Heart Tickets Now on Sale!

The Denver Children's Advocacy Center presents
— The 3rd Annual —
Art from the Heart
September 13th, 2018
Space Gallery - Denver, Colorado
5:30 p.m.

The poster features a circular logo on the left with the text 'Denver Children's Advocacy Center' and 'Benefiting children traumatized by abuse, neglect and violence'. The logo contains three stylized hands in orange, blue, and green. The event details are listed on the right against a green background.



Lucy Ana Walton - Art from the Heart Honoree

Tickets are now on sale for our third annual Art from the Heart event! Join us on Thursday, September 13th at 5:30 p.m. at the Space Gallery for a fun evening to benefit our programs at DCAC.

\$40 - Young Professional
\$50 - General Admission
\$100 - VIP

This year, we will be honoring Lucy Ana Walton, a longtime supporter, volunteer, and friend. Lucy Ana's commitment to DCAC through out the years has made a lasting impact on our organization and we cannot thank her enough.

[Buy Tickets Now!](#)

DCAC is now offering Trauma Sensitive Yoga Therapy



Get Grounded Spotlight: Denver Children's Advocacy Center

Given that traumatic events trigger a cascade of hormonal, physical, psychological, and behavioral changes that can leave lasting impacts on a person's body, we believe that body-based interventions are an integral part of helping children and families heal from trauma. **Trauma Sensitive Yoga (TC-TSY) is an evidenced-based treatment model that is now offered at DCAC.**

Trauma Sensitive Yoga offers children and teens the opportunity to experience a sense of comfort in their bodies, cultivate greater strength and flexibility, engage in positive thinking, and learn self-regulation skills needed to stay in the present and heal from the traumas of their past. Each yoga session focuses on a different theme that is relevant to trauma survivors, such as safety and boundaries, strength, power, and assertiveness, intuition and trust, community and connection, and acceptance and compassion. Classes are taught in a safe, supportive, non-judgmental environment. **Participants are encouraged to be in charge of their bodies, observe their experiences with curiosity, and take care of themselves at all times as they engage in movement, breathing, and mindfulness practices.**

DCAC's Trauma Sensitive Yoga program was made possible through a grant from the Get Grounded Foundation. The Foundation provides one-year community grants for new, innovative and entrepreneurial programs or projects within an existing, qualified nonprofit that directly support the healthy development of at-risk youth in the Denver Metro area in the areas of child abuse and neglect, youth behavioral health or childhood hunger relief.

To learn more about the Get Grounded Foundation, please [click here.](#)

Please join us for the 1st Annual KB Home Charity Golf Event Supporting the Denver Children's Advocacy Center!



KB Home has been a proud supporter of the Denver Children's Advocacy Center, and they want to thank you in advance for your support as they know that it will make a difference in the lives of children throughout the Denver area. Join us for a day of fun and fundraising with golf, food, margaritas, games, contests, fun prizes, and more.

When? Wednesday, September 12th

Where? Raccoon Creek Golf Course - 7301 West Bowles Avenue Littleton, CO

What time? Registration - 12:30 p.m. | Shotgun Start - 1:30 p.m.

Cost? \$150 per player

Questions? Please contact Meghan Parman, Development Associate, at MParman@DenverCAC.org or 720.974.7231

[REGISTER NOW](#)



Earlier this Spring, DCAC received a grant from Ent Credit Union's annual Youth

Endowment Series (YES) grant program. We were 33 organizations chosen to receive a grant from Ent Credit Union. Recipient agencies are selected by a volunteer panel of Ent employees. Grant applications are evaluated on criteria including: general benefit to the community, potential ability to use the grant to obtain additional funds, and degree of current community support.

We are so thrilled about this grant and thankful for Ent Credit Union's commitment to bettering our community. To learn more about Ent's Youth Endowment Series, please [click here](#). Thank you again, Ent Credit Union!

photograph courtesy of Ent Credit Union

DCAC Presents Tom Gershwin & Friends: Family Jazz Concert & Summer Picnic Celebration



The Denver Children's Advocacy Center presents Tom Gershwin & Friends: Family Jazz Concert & Summer Picnic Celebration. Join us for a fun afternoon! On July 15th, Tom Gershwin & Friends will be playing a jazz concert on DCAC's campus. Bring your family, pack a picnic, and come listen to some music on a lovely summer afternoon.

This event is offered FREE OF CHARGE in large part due to a generous contribution made by DCAC's wonderful grant writer, fundraising consultant, and long time friend [Mandy M. Rigg](#).

Please plan to bring your own picnic food, drinks, chairs, and picnic blankets. A kids zone will be available for kids to play while the concert is going on.

[REGISTER NOW](#)

Join Us at our Annual Breakfast Open House and Children's Garden Unveiling



Join DCAC for a Breakfast Open House to start your day. We are proud to unveil our NEW CHILDREN'S GARDEN this year! In addition, the event will include tours of our beautiful, child-friendly campus, delicious food including breakfast burritos donated by [Santiagos](#), and conversation with many of our partner agencies, supporters, and friends.

This event is free of charge to attend.

Please RSVP using the button below and feel free to bring a guest!

[REGISTER NOW](#)



Thank you so much to our friends from KB Home! In early June, they spent a morning at DCAC helping us freshen up our campus. They coordinated the repair of the ramp on our medical house, repainted the ramp after it was rebuilt, and repainted the trim in our therapy house.

KB Home has been supporting DCAC for over a decade and we cannot thank them enough for their continual generosity, kindness, and support. In September, KB Home is hosting their 1st Annual KB Home Charity Golf Event supporting the Denver Children's Advocacy Center! Please [click here](#) for more information about the event.

Thank you again, KB Home!



Meet Bilingual Community Connector, Inci!

What is your role at DCAC?

I am the DCAC Bilingual Community Connector which allows me the opportunity to serve as a liaison between the communities of Southwest Denver and the professionals at DCAC. I get to go where the people are (our schools, local merchants, churches, rallies, etc.). I talk with community members about DCAC's mission and the services we provide. I also represent DCAC through radio appearances and in various news publications. I concentrate on both community education through outreach programs and prevention through our school based child abuse prevention curriculum, Denver Safe from the Start.



What do you find most rewarding about your role at DCAC?

Being able to show people in crisis or that may know someone in a crisis situation that they do, in fact, have a resource. That they don't have to do this alone and they don't have to continue to be a victim just because they cannot afford to get help or that they don't know where to go for it. DCAC has recently begun targeting our immigrant community as well. Being an immigrant myself, I take great pride and privilege being able to connect with this subset of our population.

What do you find most challenging?

One of the most challenging parts of this endeavor is helping community members realize that they have to take the first step toward getting the help they need. In general, people in crisis are reluctant to seek help for a number of reasons. They may be ashamed of the stigma of having to identify as a victim, scared of the repercussions if someone would find out, or live with the hope that their situation is temporary or even normal. With our immigrant community, you can couple all those feelings with an inherent distrust or fear of the "system" and the uncertainty that they may be persecuted for their status. It's hard to know that there are children out there who may continue to suffer because we can't get them through the door, but that simply motivates me to try new ways to "break the barrier."

If you had a superpower, what would it be and why?

Cooking...haha! No, as I am a psychologist by trade, I would love the ability to read minds so I could always see the big picture and know what isn't being said so I could suggest the best solution. Also, I would know why my puppy barks randomly out the window at 2:00 a.m.

What do you love to do when you are not working?

When I'm not at work I enjoy spending time with my husband and my 5 month old Yorkshire terrier, Teresa. I love to travel and experience the other cultures, landscapes, and food of this great big world. I also love to dance!

Denver Children's Advocacy Center | 303.825.3850 | www.DenverCAC.org

See what's happening on our social sites:

